



The Family Autism Center at
South Norfolk County Arc
January and February 2010

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The Family Autism Center

South Norfolk County Arc

789 Clapboardtree St.

Westwood, MA 02090

781-762-4001

February 2010 Vacation Week Family Fun Days at the South Norfolk County ARC

****Priority is given to those children, ages 3-22, who are served through the South Norfolk County ARC and their families****

Thursday February 18th 9:30-2 (Show begins at 11:00) Disney on Ice at the TD Banknorth Garden

For those who are interested, we will be providing bus transportation to and from Westwood for this activity. If you are not planning on taking the bus, you will need to make arrangements to pick up your tickets at SNCARC no later than Friday February 12th.

**Sunday, February 21st 1-4pm
Weymouth Club
75 Finnell Drive
Weymouth, MA 02188**

Schedule:

1-3pm: Pool/Splash Park

3-4pm: Energy Center

We will have access to the indoor pool and Splash Park as well as the Energy Center at the Weymouth Club. The mission of the Energy Center is to create a fun and stimulating environment, which will provide a foundation of total body awareness, fitness, nutrition and health. For more information about the Energy Center and Weymouth Club, please check out their website at www.weymouthclub.com.

PLEASE PRINT, FILL OUT THIS FORM, AND RETURN TO:

Lisa Dwinells
SNCARC
789 Clapboardtree Street
Westwood, MA 02090
Please return no later than 1/22/10.

Child's Name _____ Age _____
Parent's Name(s) _____
Address _____
Phone Number _____
E-mail Address _____

Total number of Family Members attending _____

Additional Family Members attending program:

Name _____	Age _____
Name _____	Age _____
Name _____	Age _____
Name _____	Age _____

Please check the day(s) you would like to attend. Please prioritize your choices (1=most interested, etc.)

____ Thursday February 18th Disney on Ice

____ Sunday February 21st Weymouth Club

If you are requested the Disney on Ice Trip, are you planning on riding the bus or taking your own vehicle?

____ Bus ____ Own Vehicle

You will receive confirmation no later than Feb 5th as to what activities we are able to accommodate your family for. Because space is limited, we ask that you make every effort to attend any activity that you are accepted for. If you do need to cancel, please allow as much notice as possible so that we are able to offer your space to another family. Failure to call and cancel may affect future participation in programs. If you have any questions, please contact Lisa Dwinells at 781-762-4001, x325 or ldwinells@sncarc.org

February 2010 Vacation Week Program at The South Norfolk County ARC

**Open to children ages 6-12 served through the Family Support
Program and the Family Autism Center.**

Monday February 15th 10-2pm Center Based Day

We will do a variety of activities on site today, including music therapy, arts and crafts and a variety of sensory activities. We will be having pizza for lunch.

Wednesday February 17th 9:30-2 Pump it Up/Papa Gino's

We will be taking a van to Franklin to this inflatable play space and then head to Papa Gino's for lunch

Friday February 19th 10:30-2:30 Indoor Playspace/Karaoke at the BayShore Athletic Club

The van will take us to Braintree for 2 hours of indoor fun, including a moonwalk, ropes and gym games. We will have pizza and ice cream for lunch before heading into the aerobics studio that will be transformed into a "Disco" Karaoke space!

**Drop off will be here at SNCARC at 789 Clapboardtree Street
in Westwood. If you have any questions, please call Lisa
Dwinnells at 781-762-4001, x325.**

PLEASE PRINT, FILL OUT THIS FORM, AND RETURN TO:

**Lisa Dwinnells
SNCARC
789 Clapboardtree Street
Westwood, MA 02090**

Please return no later than 1/22/10.

Please note that there are two pages to this registration.

This is the form that will be provided to your child's "buddy". It is important that you offer as much practical information as you think would be helpful to ensure a positive experience for both your child as well as his/her "buddy".

Child's name: _____ Age _____
Parent's name: _____
Address _____
Phone #: _____
Cell #: _____
E-Mail Address _____

Please indicate below your preferences in order of 1-most to 3-least

- _____ 2/15 Center Based Day
- _____ 2/17 Pump it Up
- _____ 2/19 BayShore Athletic Club

Does your child have any medical diagnoses such as seizures or food allergies that we need to be aware of? (If yes, please explain.)

What is the best way to communicate with your child? (i.e. are there certain words, phrases or gestures that are used)

Indicate any behavioral concerns you have and the best way to deal with them:

Are there specific circumstances or situations that may cause your child to become agitated or aggressive?

What is the best means of comforting your child?

What else would you like us to know about your child? _____

We will contact you no later than February 5th to let you know for what day(s) your child is able to participate.

**South Norfolk County ARC's
Valentine's Day Dance
Open to ages 13-22**

What: Pizza and dancing with music from DJ Magic Mark
When: Friday, February 12, 2010
Time: 5:30pm-8:00pm
RSVP: Nancy Borr 781-762-4001, x412 or nborr@sncarc.org
Please RSVP no later than February 8th

**Spring Young Adult Bowling
Ages 15-22 years old**

Norwood Sports Center
Norwood, MA
Monday, March 1, 2010 – Monday, May 17, 2010
6:30P.M. - 8:30P.M.
\$150.00 per person for 12wks.

A wonderful opportunity to be part of a bowling league and meet new & old friends. Nancy Borr, Pat Fales and Jen Yarian will facilitate the group. We will have a pizza party & trophies the last night. Interested participants should register and send a check or money order made out to SNCARC/FAC for \$150.00 to Family Autism Center, 789 Clapboardtree Street, Westwood, MA 02090, Attn: Nancy Borr. For more information, please contact Nancy Borr at 781-762-4001 Ext. 412 or nborr@sncarc.org
Deadline to register: February 22, 2010
Space is limited to 18 participants.

February Teen Vacation Week Program

This program will be held for individuals ages 13-18. The program will be held Monday, February 15th – Wednesday, February 17th. Details on times and activities to come. Please check back to our website in the upcoming weeks.

Please print, fill out and return to Nancy Borr, SNCARC, 789 Clapboardtree St., Westwood, MA 02090. Please include a check for \$150.00 made out to SNCARC.
Name of Group: **Young Adult Bowling** Session/Date: **Spring 2010**

PARTICIPANT INFORMATION:

Name _____ Birth Date _____
Address _____
Town _____ Zip Code _____
Guardian Name _____ Phone Number _____
Email Address _____

EMERGENCY CONTACTS:

Name _____ Phone _____
Relationship _____ Cell Phone _____

MEDICAL INFORMATION:

Medical Problems _____
Allergies (if yes, please list) _____

Food Allergies _____

Name of Insurance Provider _____

Insurance ID _____

Primary Physician _____ Phone _____

Preferred Hospital _____ Phone _____

I/We, the undersigned mother, father, or guardian of _____, give my/our approval for his/her participation in **Young Adult Bowling** sponsored by SNCARC Family Support and Family Autism Center. I/We do hereby waive, release, absolve, indemnify, and agree to hold harmless SNCARC, their directors, instructors, and volunteers from any claim arising out of injury to him/her. I give permission for SNCARC representatives to obtain medical services for my child in the event of an emergency. I understand that SNCARC employees/volunteers are not able to administer any medications.

Signature of Parent/Guardian _____ Date _____

PHOTO RELEASE (Optional)

I, _____, of _____
Name and role of person (legal guardian, parent) Name of Minor, if applicable

Hereby give South Norfolk County Arc (SNCARC) of 789 Clapboardtree Street in Westwood, Massachusetts, and/or parties designated by SNCARC, the right and permission to publish without charge photographs taken during the program listed above. I understand that the term "photograph" as used herein, encompasses still photographs, audio recordings and video recordings.

These photographs may be used in SNCARC agency publications, including electronic publications, in audiovisual presentations, promotional literature, or in other similar ways. They will not be used for any other purpose.

Date: _____

Signature: _____

Autism Spectrum Disorders Clinic presents...
“Pathways”
Guiding Families After An Autism Diagnosis

This **FREE** educational series beginning in March 2010 is designed for parents of children diagnosed with an autism spectrum disorder (ASD). It will provide critical information about ASD diagnosis, treatment options, and services.

Meetings will be held at South Norfolk County Arc.
More details to follow, so please check the “News and Events” page at www.sncarc.org/newsevents.htm in upcoming weeks.

**DON'T FORGET ABOUT OUR ANNUAL BOWLING
TOURNAMENT!**

Family Autism Center
Family & Friends
Bowling Tournament!

Saturday, January 30, 2010

7:00 p.m. – 11:00 p.m.

Norwood Sports Center, Norwood

Save the date for a fun-filled evening of bowling, socializing, eating and a 50/50 raffle. Start calling family and friends to put together a team. The cost is \$150.00 per team, with 6 players on each team. Registration includes bowling and shoe rental.

Proceeds from this year's tournament will go towards the Family Autism Center's participation in the 2010 Rodman Ride for Kids being held on Saturday, September 25, 2010. To reserve your team's place in the Bowling Tournament, please complete the registration form and send it in with a check for \$150.00 made out to **Rodman Ride/FAC**. Mail to: Family Autism Center, 789 Clapboardtree St, Westwood, MA 02090, Attn: Nancy Borr

For more information, please call 781-762-4001 ext 412 or email at nborr@sncarc.org

**Family Autism Center Bowling Tournament
Registration Form**

PLEASE PRINT, FILL OUT AND SEND TO:

Family Autism Center, 789 Clapboardtree St, Westwood, MA 02090,
Attn: Nancy Borr.

You must include a check for \$150 made out to **Rodman Ride/FAC** to reserve your place in the tournament. Please put "Bowling Tournament 2010" in the memo line. Space is limited to 16 teams and sign up will be on first-come/ first-served basis.

Team Name:
Team Captain:
Captain's Phone #:
Team Members:
1.
2.
3.
4.
5.
Team Name:
Team Captain:
Captain's Phone #:
Team Members:
1.
2.
3.
4.
5.

January 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1	2
3	4	5 7:30p First Tuesday Support Group	6	7	8	9 10a CASS
10	11	12	13	14	15	16 10a Explorers
17	18	19 7p Parents of Adults with Autism Support Group	20	21 9:30a Grandparents Support Group	22	23
24	25 6:30p Steering Committee Meeting	26 7p Dad's Support Group	27	28	29	30 7p Bowling Tournament
31	1	2 7:30p First Tuesday Support Group 7:30p Residential Support Group	3	4	5	6 10a CASS

February 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1	2 7:30p First Tuesday Support Group 7:30p Residential Support Group	3	4	5	6 10a CASS
7	8	9	10	11	12 5:30p Valentine's Day Teen Dance	13 10a Explorers
14	15 9a Teen Vacation Week Program (Details TBD) 10a Center Based Day Vacation Week	16 9a Teen Vacation Week Program (Details TBD) 7p Parents of Adults with Autism Support Group	17 9a Teen Vacation Week Program (Details TBD) 10:30a Vacation Week Day Pump it up	18 9:30a Grandparents Support Group 9:30a Family Fun Day Disney on Ice	19 10:30a Vacation Week Day BayShore Athletic Club	20
21 1p Family Fun Day Weymouth Club	22	23	24	25	26	27
28	1	2 7:30p First Tuesday Support Group	3	4	5	6