

South Norfolk County Arc

Family Fun Day at the New England Sports Academy

Saturday, March 6th 10 a.m. - 12

Come join us for a morning of fun and structured activities at the New England Sports Academy

345 University Avenue, Westwood, MA 02090

Open to all individuals ages 3-22, who are served through the Family Support and Family Autism Center programs at SNCARC, and their families.

To RSVP, please contact Lisa Dwinnells at 781-762-4001, x325 or ldwinnells@sncarc.org

The gym will be open to all ages from 10 a.m.- 12, and your child will have the chance to try out all of their equipment, including a trampoline, swing ropes and a foam pit. The area is a padded open space with lots of room to move! There is also a pre-school area that has smaller sized equipment.

Other structured activities are listed below:

	10-10:30	10:30-11	11-11:30	11:30-12
3-8 year olds	Dance	Basketball	Soccer	Obstacle Course
5-10 year olds	Obstacle Course	Dance	Basketball	Soccer
10-15 year olds	Basketball	Soccer	Obstacle Course	Dance
15-22 year olds	Soccer	Obstacle Course	Dance	Basketball